



Our multi-disciplinary team

Our team of experienced occupational therapists, psychologists, physiotherapists, speech and language therapists and dieticians support anyone from birth up to 21 years.

Occupational therapists are trained to help people of all ages to better perform everyday activities (or occupations) they need to do, want to do or are expected to do.

For children and young people, this means playing, learning and being part of their family and friendships.

APM Occupational Therapist's support children and young people with:

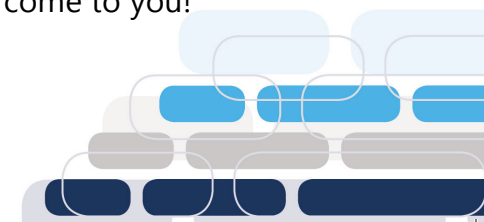
- Sensory difficulties - improving focus, regulation and ability to complete daily activities
- Motor skills - so they can play, learn and be as independent as possible. Activities include climbing in a playground, grasping and releasing toys and developing handwriting skills
- Developmental skills - to join in play, social activities and develop friendship skills
- Independence with daily tasks - such as bathing, toileting, dressing, eating and establishing healthy sleep patterns
- Thinking and emotional regulation skills – including attention, memory, learning, behaviour and emotional control
- Equipment needs – such as assistive devices and custom seating



What can you expect from APM

- Our therapy will be fun, engaging and tailored to your tamariki's or rangatahi's needs
- We continually adapt tasks to further develop skills
- We use and adapt tools to make tasks easier (such as pencil grips, larger levers on a zipper, weighted blankets for sleep)
- We can modify and adapt the setting of our therapy (such as where your child sits in a classroom, how a bedroom is set up for optimal sleep, established routines for successful toilet training)
- Our therapists know how important education is and work closely with everyone help your child succeed

Like you, we understand tamariki and rangatahi thrive best in their natural setting, so we come to you!



Enabling better lives for tamariki and rangatahi

Our team of experienced professionals provide services to help reduce the impact of illness, injury (physical and/or psychological), disability and developmental delay.

Our service includes support for infants, children and young people experiencing difficulties with daily activities, who may or may not have a diagnosed condition such as:

- autism, attention deficit, sensory processing, tic disorders, PANDAS/PANS, trauma, anxiety, social emotional problems, dyspraxia
- birth injuries, developmental delays
- traumatic brain injury, concussion, cerebral palsy
- congenital syndromes such as Down syndrome
- intellectual disabilities, learning difficulties
- broken bones, orthopaedic injuries

How to get started

With APM, you're supporting the young people in your life reach their full potential.

Call us today for a confidential discussion.

0800 967 522

**nzreferrals@
apmworkcare.co.nz**

**www.apm-nz.co.nz/
tamariki**



APM Workcare Ltd



Stronger, happier, healthier

**Supporting your tamariki
(children) and rangatahi
(young people).**

